

An Activity for Parents, Counselors, and Educators

Below you will find an activity guide.

Please use it as you see fit and feel free to make copies.

You will notice that **Stop, Think, Go** is listed in each of the scoops of ice cream. This is a wonderful opportunity to encourage children to explore ways they might engage in these steps.

Use Amy's advice to Freddy for some ideas and have fun!

To buy "Freddy the Furious", visit
www.wellbeingstaugustine.com

